ORIENTEERING



The Newsletter of Newcastle Orienteering Club Inc. Issue No. 222 December 2012 http://www.newcastleorienteering.asn.au/

Upcoming Events



Newcastle Street Orienteering Series

The street orienteering series is in full swing now with the next event at Medowie on the 5^{th} of December 2011. Please see the attached street orienteering brochure or visit the club <u>website</u> for full details regarding the location of future events.

BOSS



The bike orienteering summer series (BOSS) is also underway with the first event held at Brush Creek in hot weather on Sunday 25th November.

The second is event to be held on the 16th December at O'Donelltown. Start times are between 8am and 9am, and pre entry is required to assist with printing pre-marked maps and Sport Ident setup. Limited enter on the day positions are available. A detailed program for the whole series is attached and is available on the club website.

Sunday 2nd December

9:00 to 10:30am



DuO No.2 – Blue Gum Hills

The 2012/13 DuO adventure series kicked off at Hawkemount on the 4^{th} of November with competitors enjoying cooler morning temperatures that warmed up as the race progressed.

The next race will be on the 2nd December at Blue Gum Hills. In conjunction with this event there will also be orienteering courses available (see next newsletter item).

These events are similar to an adventure race. There are three courses, a Long Course of around 1.5 to 4 hours duration a short course of around 1 to 3 hours duration and a Novice course of around 30mins to 1 hour duration.

To enter visit the Orienteering NSW website (<u>www.onsw.asn.au</u>) before the Wednesday prior to the event. As an additional sweetener online entries to each event have a chance of winning a Trek Cobia 29ER mountain bike.

See attached flyer for all the information.

Editors comments

If anyone has anything they would like published please give it to me at an event or send it through to myself at <u>danielorr86@gmail.com</u>.

Sunday 2nd December

Special Event – Bluegum Hills

For those that are keen for a final workout and a get together before Xmas, Bluegum Hills Regional Park is the place to go. The event will be a combined scatter course in the bush and a park line course in and around the parklands. A new map has been made of the bush area surrounding the park by Denis Lyons, with heaps of interesting features, a lake and bush tracks in between, it's shaping up to be a fun and challenging course. We have organised an early start to beat the heat as well as a sausage sizzle and a coffee van to greet you when you finish the course.

The courses are suitable for all levels of competitors.

 Venue: Bluegum Hills Regional Park, Minmi Rd, Minmi
Map: Bush and Park 1: 4000
Courses: Long 2.5k scatter course (17 controls) Park course 1.5k Short 1.8k scatter course (10 controls) Park course 1.5k Easy .5k scatter course (3 controls) Park course 1.5k
Times: Starts available between 8.30am and 10.00am

Entry: Enter on the day. Club members \$5.00 Non-members \$8.00 **Facilities:** Parking area, toilets, shelters and BBQ, Sausage sizzle and coffee van onsite **Organiser:** Greg Bacon

February 10th

Swansea Metrogain



This is a 6 hour rogaine event to be held around the Swansea area on Sunday the 10^{th} February 2013. It is really a marathon street orienteering event for teams of 2 - 5 competitors. Organise a team and enjoy a pleasant experience exploring the beautiful and scenic locations around the shores of Lake Macquarie. A BBQ will be provided at the end of the event in a pleasant lake side picnic area. Full details will be available on the rogaining web site <u>www.nswrogaining.org</u> in early December. This is a popular event on the rogaining calendar and being close to Newcastle should not be missed.

The course is being organised by Peter & Maria Orr and Rob & Marg Cook who have already identified control sites with spectacular views and historical significance.

NSW Middle and Long Championships for 2013



Newcastle Orienteering Club is organising the NSW Middle and Long distance Championships for 2013. The events are scheduled for $21^{st} \& 22^{nd}$ September 2013 at Blue Gum Hills and The Sand Dunes.

Organising and planning is underway and the club is looking for people who are interested in being involved.

Anyone interested should talk to Andrew Power or Malcolm Roberts or email president@newcastleorienteering.asn.au

Risk Notice

In entering on orienteering event, competitors recognise that the activity has certain inherent risks due to its conduct in the urban and natural environments.

Included in these risks are injury due to rough terrain and obstacles and the effects of heat, cold and exhaustion.

Competitors are also aware that there is no personal accident insurance on their participation in the sport and that they take part at their own risk.

Newcastle Park Tour Orienteering Series



The Newcastle Park Tour Orienteering Series kicks off when the street event series concludes. The first park tour event will be held on Wednesday the 20^{th} February.

There are some differences in format for these events if you have so far only experienced street events.

In the park tour series the race changes from a "score" course to a "point to point" (where controls are found in order however you still have choice on how to approach and navigate between controls – "route choice"). Each week two different courses will be offered – Short (approximately 3km) and the Long (approximately 5km).

The results of the three qualifying race will be used to place competitors into an appropriate grade for the final event.

Specific details and rules on qualifying can be found in the Newcastle Park Tour series brochure which at the time of newsletter publication was being finalised. It will be available on the club <u>website</u> and at future events once it has been finalised. Preliminary locations for the series are:

Park tour qualifier No.1: Wednesday 20th February **Venue:** TBA

Course Planner: Course setter required. Please contact Malcolm Roberts if you would like to nominate for the job. I (Daniel Orr) am willing to help out a first time course setter.

Park tour qualifier No.2: Wednesday 27th February Venue: Boomerang Park Course Planner: David Messenger

Park tour qualifier No.3: Wednesday 6th March Venue: King Edward Park Course Planner: Glen Burgess

Park tour final: Wednesday 13th March **Venue:** Booragul Primary School **Course Planner:** The Rigbys

Newcastle Night championships: Wednesday 20th March Venue: Rathmines start times from 7:30pm Course Planner: Sam Howe



NSW MTBO Championships for 2013



Newcastle Orienteering Club is organising the NSW MTBO Championships for 2013. The events are scheduled for 20th & 21st July 2013 at Kiwarrak State Forest near Taree. Organising and planning is underway and the club is looking for people who are interested in being involved as course setters, organisers and other volunteers.

Anyone interested should talk to Andrew Power or Malcolm Roberts or email president@newcastleorienteering.asn.au

Newcastle Bush Events 2013

The dates for the 2013 bush orienteering season have been determined and the club is looking for people who are interested in being involved as course setters, organisers and other volunteers. People with no or limited experience, are encouraged to become involved and assistance/advice will be provided by more experienced orienteers.

Anyone interested should talk to Andrew Power or Denis Lyons or email president@newcastleorienteering.asn.au

| Month | Day | Event |
|-----------|-------|---|
| March | 24 | Newcastle – NOY1 |
| April | 7 | Newcastle – Minor |
| April | 21 | Newcastle – NOY2 |
| Мау | 5 | Newcastle – Minor |
| Мау | 12 | Newcastle – NOY3 |
| Мау | 26 | Newcastle – NOY4 |
| June | 2 | Newcastle – NOY5 |
| June | 16 | Newcastle – Minor |
| June | 30 | Newcastle – NOY6 |
| July | 14 | Newcastle – NOY7 |
| July | 28 | Newcastle – Minor |
| August | 4 | Newcastle – NOY8 |
| August | 11 | Newcastle – Minor |
| September | 1 | Newcastle – Minor |
| September | 8 | Newcastle – Hunter Valley Championships |
| September | 21/22 | State Championships – Newcastle |
| October | 27 | Newcastle – Pairs – Bush Presentation |