

# DUNGOG PEDELFEST & NEWCASTLE ORIENTEERING

will be running a

**MOUNTAIN BIKE ORIENTEERING INTRODUCTION DAY**

**SATURDAY 8th September**

Location : Dungog Common

Start Time : Start available from 1.00pm, course closes 4.30 pm

Entry : Free to orienteering club members.

The event will be run along the same lines as the BOSS events.

Scatter course with a 75 minute time limit to collect as many controls as possible.

The Dungog common has had a big makeover with more mountain bike trails, 4 x 4 tracks and bike tracks. Great flowing single tracks in generally open country, great views if you take the time to look around.

The event will be run by Newcastle Orienteering. Fine tune your MTBO skills ready for the coming BOSS series and the Australian MTBO titles at Taree in October.

For more details contact Greg Bacon Ph 0401889688 email [gbacon1@bigpond.com](mailto:gbacon1@bigpond.com)

